

**By the end of this Symposium participants will be able to:**

- Apply updated knowledge of (psychiatry, influenza, famous women in medicine, smallpox, surgery, nursing and public health) to clinical practice.
- Improve clinical practice by incorporating major new developments in (influenza, psychiatry, public health and surgery).
- Understand recent advances in (influenza, psychiatry).
- Diagnose and manage in the fields of influenza, psychiatry, public health).
- List the various components of cultural diversities where applicable.

**New Additions:**

- All **Medical Students and Residents** are encouraged to submit presentations on a medically-related historical topic for a potential 20 minute power point presentation during the symposium **by Feb. 1, 2010**. If selected, all recipients will receive acknowledgement and an award during the symposium. Please e-mail any questions and/or presentation for consideration to **George Sarka MD at the following e-mail address by 2/1/10: [georgesarka@aol.com](mailto:georgesarka@aol.com)**
- Historical Bingo—A novel learning experience! All participants at the meeting are eligible to play for pride, intellect, awards and prizes.

***Region II of the American College of Physicians, Southern California proudly presents the following:***

**The Adventures in the History of Medicine 2010**

***Saturday  
February 20, 2010  
8:00AM-4:30PM***

**Conference Location:  
Saddleback Memorial  
Medical Center  
Basement—Conference  
Rooms 1 and 2  
24451 Health Center Drive  
Laguna Hills, CA 92653**

**ACCP**  
AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

***Welcome to a Novel Type of Learning Experience!***

**Adventures in the History of Medicine 2010**

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At Saddleback Memorial  
Medical Center  
Laguna Hills, CA  
“In the Heart of Region II  
Country”***

**By Region II of Southern California and the**

**ACCP**  
AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*

## Adventures in the History of Medicine

*Younger physicians because of the restrictions of time and the increasing demands of medical school do not get the same exposure to the History of Medicine that older physicians have received. There is decreased value around academic scholarship in medicine that may be lost forever to the younger generation of physicians without an in-depth understanding of how medical knowledge, professionalism and ethics evolved from previous times. Without such, we are doomed to ignorance about the foundation of those experiences. An increased knowledge of how medical decisions have been made in the past facilitates the medical student and physician to make better decisions in the practice of medicine today.*

### CME Credit

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American College of Physicians designates this educational activity for a maximum of 7.00 AMA PRA Category 1 credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Program Schedule 2/20/10

7:30-8:00

Registration/Breakfast

8:00-9:15

*From Demons and Insanity to Masturbation and Onanism to Theories and Medications: The Origins and Development of Psychiatry*

George Sarka MD, MPH, CPH, FACP, FACR, FACPM\*

9:15-10:00

*Influenza: The Past, The Present and The Future*

Tom Cesario MD, MACP\*

10:00-10:15 Break

10:15-11:00

*Lessons Learned in History from Smallpox*

Robert Frank Ph.D.

11:00-11:45

*Elizabeth Blackwell: A Role Model for the American Female Physician*

Debra Stottlemeyer MD, MBA, FACP

11:45-12:45 Lunch and Networking

12:45-1:45

*Medical Student and Resident Presentations*

1:45-2:45 *The Origins and Evolution of Surgery*

Joseph Wagner MD, FAAOS

2:45-3:00 Break

3:00-4:00

*The History of Nursing/Public Health*

George Sarka MD, MPH, CPH, FACP, FACR, FACPM\*

4:00-4:30 Historical Bingo

George Sarka MD, MPH, CPH, FACP, FACR, FACPM\*

\* indicates Governor or Former Governor

## Registration

Please complete the registration form and mail with your payment to be received **no later than**

**February 19, 2010 to:**

**George Sarka MD, MPH**

**Governor of ACP, Southern CA, Region II**

**27471 Maverick Circle**

**Laguna Hills, CA 92653**

Please make checks payable to:

**ACP Southern California Region II**

If you need additional information or assistance, please call George Sarka at 323-365-1825 or send an email to: georgesarka@aol.com

### Please Print

\*Name \_\_\_\_\_

\*ACP Membership? \_\_\_\_\_

\*If Yes, What Region? \_\_\_\_\_

\*Title \_\_\_\_\_

\*Institution \_\_\_\_\_

\*Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\*Phone \_\_\_\_\_

Fax \_\_\_\_\_

\*E-mail \_\_\_\_\_

**Registration received by 2/19/10**

**Physicians, Historians and the**

**Public: \$50.00**

**Students and Residents: \$20.00**

**Registration on 2/20/10: \$75.00**

\*Mandatory to complete for registration  
Registration includes Lectures, Handouts,  
Meals, Parking and CME.

## The Faculty/Planning Committee for the Symposium:

- 1. George Sarka MD, MPH, CPH, FACP, FACR, FACPM**  
**DrPH Candidate in Public Health, UCLA**  
Associate Clinical Professor of Medicine, UCLA  
Governor of the ACP, Southern California, Region II (2008-2012)  
Chairman of the Medical History Educational Committee, S. California, Region II  
Planning Committee Chairman of the Adventures in the History of Medicine  
President of the LA Neurological Society (2006-2009)  
Former President of LACMA-District 1 (2006-2008)  
Medical Historian and Lecturer
- 2. Tom Cesario MD, MACP**  
Professor and Emeritus Dean of the University of California, Irvine  
Former Governor of the ACP, Southern California, Region II  
Member of the Governor's Council, Southern California, Region II
- 3. Robert G. Frank Jr., Ph.D**  
Professor in the UCLA Department of History  
Research Interests: History of the Biological Sciences and History of Medicine  
Trustee of the Pasadena Museum of History
- 4. Debra Stottlemeyer MD, MBA**  
Director of Nomenclature, LLUAHSC  
Director of Active Learning for Basic Science, LLUSCM  
Associate Director, Medicine Clerkship  
Assistant Professor of Medicine  
Treasurer of the ACP, Southern California, Region II  
Member of the Governor's Council, Southern California, Region II
- 5. Joseph Wagner MD, FAAOS**  
Diplomate, American Academy of Orthopaedic Surgery  
Assistant Clinical Professor of Orthopaedic Surgery, UCLA (Retired)  
Associate Clinical Professor of Orthopaedic Surgery,  
California College of Medicine/School of Medicine UC Irvine  
Past Chairman Department of Orthopaedic Surgery at Daniel Freeman  
Hospital and Centinela Hospitals, both in Inglewood, California
- 6. Virginia Ho, RD**  
Clinical Nutritionist III at Cedars-Sinai Medical Center  
Planning Committee Member for the Adventures in the History of Medicine  
Chapter Coordinator for ACP, Southern California, Region II